Rondout Valley Holistic Health Community

presents a free event

R e s i s t a n c e
Without Reaction
with Sirriya Din

Monday March 27 6:30 - 9:00 PM
Marbletown Community Center
3564 Main St, Stone Ridge, NY

This gathering will demonstrate ways for us to avoid emotional fluctuations and burnout as we stand up for the freedom and rights of all beings.

To create true change rather than reaction, we must meet challenges from our wholeness, the source of power and new possibilities.

Come. Let's be whole together and forge a new future for humanity.

For this workshop, Sirriya Din, the group facilitator, draws upon her past experience as a community organizer, coordinator of the Manhattan boycott for the United Farm Workers' Union, and national boycott organizer for the Amalgamated Clothing and Textile Workers' Union.

Following her life as an organizer, Sirriya immersed herself in the study of consciousness. She earned a MA in Archetypal and Jungian Psychology, and spent decades gaining mastery in energetic modalities, such as *Yuen Method, Matrix, Regeneration Healing, Reiki* and *Authentic Movement*. She now practices and teaches *Morphic Awakening,* a transformational technique received from consciousness.

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